



Enteral Nutrition Algorithm (for EN only group)

Nutrition Target = _____ ml/hr (EN only)

STOP ENTERAL NUTRITION IF PATIENT DEVELOPS:

- bowel obstruction
- bowel perforation
- paralytic ileus

Start Enteral Nutrition preferably within 24-48 hrs of ICU admission
 Use a standard formula 1.2 0.2 kcal/ml
 Start at 25 ml/hr and ↑ by 25 mls q 4 hrs as tolerated

Elevate HOB to 45 degrees where possible

If this is the 1st GRV > 250 ml:

- 1) Refeed GRV to 400ml max and discard rest
- 2) Start motility agent (maxeran 10mg IV q 6 hrs)
- 3) Continue with Enteral Nutrition
- 4) Continue with checking GRV q 4hrs

Check GRV q 4 hrs (only if gastric feeding)
 Is the GRV > 250 mls?

1) Refeed gastric residual
 2) Continue with Enteral Nutrition

Is this a rechecked residual that is > 250 mls?

1) Discard the residual
 2) Continue with Motility agents
 3) Switch to SMALL BOWEL FEEDING
 4) Restart Enteral Nutrition

WATER FLUSHES:
 Flush tube with at least 10 mls of sterile water:

- q4hrs during feedings
- after aspiration for GRVs
- before and after meds

BLOCKED TUBE:
 Pancrealipase 8000 units mixed with crushed Na Bicarb 500mg in 5ml warm water prn

Blood work: as needed, according to usual practice at your ICU