



Interactive Workshop
Implementation of Clinical Practice Guidelines
www.criticalcarenutrition.com

Purpose: To problem solve and Identify strategies for Improving Nutrition Practice

How do I get stakeholders to attend? (Intensivists, education nurses, charge nurses, fellows etc.)

- Advertising - providing a catchy colorful title for your workshop.
- Providing coffee/tea/snacks if your budget allows.
- Having an influential person (physician/nurse/dietitian leader) attend along with you at with the workshop
- Have more than one workshop if possible
- Schedule workshop during lunch hour

*What are the **objectives** of the workshop?* (15-40mins)

By the end of the workshop, the participants will

1. Be familiar with the Clinical Practice Guidelines
2. Be familiar with how their site is functioning compared to the Nation and their sister sites highlighting successes and deficiencies
3. Be provided with tools that will allow them to adhere to the Clinical Practice Guidelines (pocket guides, posters, manuals, and access to the web)
4. Be told they will receive feedback on how they are doing 6 months later and will be contacted for academic detailing
5. Fill out a questionnaire to see the level of commitment (attached)
6. Identifies strategies to change practice where required

Sample Workshop (Time: 15-25 mins)

1. Illustrate the CPG's on the poster and quickly ask audience to read them on their pocket cards (hand out to each participant)
2. Put up a few site reports on overhead or power-point to illustrate how your site is doing according to the guidelines and other centers
3. Discuss access to the website, hand out the tools (manuals, pocket cards, posters)
4. Questions and Answers?
5. Ask participants to fill out questionnaire.

How do I prepare? – Suggestions

- Review site reports in advance and be prepared to present with overheads (will need to make some)
- May hand out some tools (pocket cards) to participants ahead of time so that people will have had time to read before the seminar (Ask to bring with them)
- Put up some posters in the ICU before hand so people can review them.