

# Improving the Practice of Nutrition Therapy in the Critically Ill: An International Quality Improvement Project

July 2007

NEWSLETTER



Critical Care  
Nutrition

## Your Final Site Reports

Thank you for the constructive feedback on your preliminary site reports, we hope that we have been able to respond to these comments and integrate the changes into the final reports. In the interest of ensuring that the reports are concise and user friendly we are unfortunately unable to present all aspects of the data in this document. However, we can assure you that these will be explored in further analyses and presented in future publications and presentations ... so watch this space!!

### *Using Your Site Report to Improve Practice*

You will be receiving your Final Site Reports within the next few days. Your site report will provide you with a unique benchmarking opportunity, allowing you to compare your nutrition practices to other ICUs in your country/region and all ICUs in the database, and to the recommendations of the Canadian Guidelines. We encourage you to share the results with your ICU Team. You may wish to meet with the ICU management, or conduct a workshop, where you can strategize with your colleagues on how to improve the delivery of nutrition therapy at your ICU. Please interpret your site report in the context of the ICU in which you work. You may want to focus on a few key areas for improvement based on your performance and other interests. Various resources designed to assist you in local dissemination of the site reports, such as feeding protocol templates, checklists, posters etc. are available under "Tools and Training Kits" on our website [www.criticalcarenutrition.com](http://www.criticalcarenutrition.com).

## We Want to Hear Your Opinion on the Canadian Guidelines

As part of the QI Project and to help inform future educational initiatives, we are conducting a brief, web-based survey to better understand the attitudes of physicians and dietitians towards the Canadian Nutrition Support Guidelines.

Detailed information regarding this [Attitudes Survey](#) will be sent to all participants of the International QI Project in the next few weeks. Ethics approval for completion of this survey has been obtained from the Research Ethics Board at

Queen's University, Kingston, Canada and additional local approval is not required.

In order to obtain meaningful data, we need to engage a representative sample of critical care practitioners. We ask that you to take the time to complete this survey and encourage your colleagues to do the same. Thank you again for your time. Your dedication to optimizing nutrition therapy in our ICUs is highly commended.

## Invitation to Lunch at the ESPEN Congress



The Critical Care Nutrition Team thoroughly enjoyed the opportunity to meet with many of you during the SCCM Summer Conference. As well as putting names to faces, we were excited by your enthusiasm and the prospect of continuing to work together in the future to improve nutrition in ICUs throughout the world. As a follow-up to the successful Debriefing Session in Toronto, we have the pleasure of inviting you to join us for [Afternoon Tea](#), sponsored by Nestle Nutrition, to be held during the [ESPEN Congress in Prague at 3.00—4.30pm on Sunday, 9th September 2007](#). If you will be attending the ESPEN Congress and wish to join us at this meeting, please RSVP to Naomi Jones, Project Leader ([jonesn@kgh.kari.net](mailto:jonesn@kgh.kari.net)). Location will be confirmed closer to the event. We look forward to meeting you in Prague.

### Join the Critical Care Nutrition Group

To foster collaboration across ICUs and facilitate quality improvement we are launching a Critical Care Nutrition Discussion Group. The purpose of this group is to act as a forum for critical care practitioners to share experiences, ask questions, post resources and discuss issues related to nutrition therapy in the ICU. To become a member of this group, please go to <http://groups.google.com/group/criticalcarenutrition> or click on the [CCN Discussion Group](#) link on our website ([criticalcarenutrition.com](http://criticalcarenutrition.com)). This Discussion Group has been created for you, we encourage you to actively contribute to its content to help to ensure that it is a success.

### Looking for a New Challenge? Come Work with Us

Here at Critical Care Nutrition, we are currently recruiting an individual to support ongoing research activities and be responsible for developing new research programs. If you are a dietitian or critical care practitioner with advanced research training (either Master's or PhD) and are interested in a 100% research job in a multidisciplinary research environment, please forward your resume, and names of three references to:

Dr Daren K Heyland, Director [dkh2@post.queensu.ca](mailto:dkh2@post.queensu.ca)

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