

INTERNATIONAL NUTRITION SURVEY 2008

December 2008
NEWSLETTER



**Critical Care
Nutrition**

Final Site Reports

By now you should have received your final Site Report from the 2008 International Survey. We hope you will find value in this report as it represents many hours of work from many people to generate these data.

Your site report will provide you with a unique benchmarking opportunity, allowing you to compare your nutrition practices to other ICUs in your country/region and all ICUs in the database, and to the recommendations of the Canadian Guidelines. We encourage you to share the results with your ICU Team. You may wish to meet with the ICU management, or conduct a workshop, where you can strategize with your colleagues on how to improve the delivery of nutrition therapy at your ICU.

Please interpret your site report in the context of the ICU in which you work. You may want to focus on a few key areas for improvement based on your performance and other interests.

Various resources designed to assist you in local dissemination of the site reports, such as feeding protocol templates, checklists, posters etc, are available under "Tools and Training Kits" on our website www.criticalcarenutrition.com.

CCN Discussion Group

As you work through the process of improving nutrition practice in your ICU, if you have questions or want to share your experiences, remember we have a discussion group on our website. If you haven't already registered for this group, we encourage you to do so by going to <http://groups.google.com/group/criticalcarenutrition> or click on the [CCN Discussion Group](#) link on our website. Rather than send directed emails to Dr. Heyland or Naomi or Rupinder, please use the discussion group so all can learn from your questions and help answer the questions.

Critical Care Nutrition Update

Clinical Practice Guidelines

Did you know that we are in the process of updating our Canadian CPGs? Watch the website in the new year for any updates.

E-journal club

We recently launched an online journal club with the purpose of reviewing recent articles on nutrition therapy in the ICU. Each month we will be posting a new article, together with a commentary by an eminent nutrition expert in our field. This is an interactive process and you are able to add your own comments, observations, and queries. The current article is a clinical trial of the use of probiotics in acute pancreatitis with insightful comments provided by Dr Steve McClave. Access to the e-journal club is free, so take advantage of this great way of staying informed.

Publications

We endeavour to make www.criticalcarenutrition.com a useful resource for you. We would like to post the full manuscripts (pdf) of all the RCTs and recent papers of interest related to critical care nutrition. However this would violate copyright laws unless we make it a private site that requires a log in with a password. Do you see value to have all these pertinent papers in one place? Although there would continue to be no charge, would it be a deterrent to you to have to log in order to see the CPGs and the included papers? Do you have any other suggestions on how we might improve the functionality of our website to better meet your needs? We are certainly open to ideas.

We would like to take this opportunity to extend our gratitude and appreciation for all your hard work in participating in the International Nutrition Survey 2008. We hope it was a worthwhile experience. We are not planning to repeat this exercise in 2009 but will email you to make you aware of the next opportunity to evaluate your practice. If you plan to participate in the future, please do not close your file with your research ethics board at this time.

Best of the Best

We are pleased to announce the winners of the Best of the Best competition. Out of 167 participating ICUs, a total of 82 were eligible for consideration for this award. Winning sites are:

Top 3

1. Department of Critical Care Medicine, Auckland City Hospital, Auckland, New Zealand
2. Kingston General Hospital, Kingston, Canada
3. Regional Hospital A. Cardarelli, Italy

Outstanding Achievement

- Royal Jubilee, Victoria, Canada
- Clinica Meta Adultos, Colombia
- Cork University Hospital General ITU, Cork, Ireland
- Trillium Health Centre, Mississauga, Canada
- Rockyview General Hospital, Calgary, Canada
- Christchurch, New Zealand

Honourable Recognition

- Madonna delle Grazie Rianimatera, Italy
- Hospital Departmental de Villavicencio UCI Adultos, Colombia

To acknowledge their outstanding performance each of these sites will receive a plaque to be displayed in their ICU. We would like to extend our congratulations to all individuals involved on their achievement.

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