

International Nutrition Survey 2009

April 2010

NEWSLETTER






**Critical Care
Nutrition**

Disseminating the Results of Your Site Report

Recently we provided you with your final site reports. Your ICU has committed a significant amount of time to participate in the International Nutrition Survey, and we have committed a significant amount of time and resources to produce these site reports. We encourage you to use your site report as a unique benchmarking opportunity to highlight your strengths and weaknesses and inform quality improvement initiatives.

The following are a few suggestions for disseminating your site reports:

- Print off and **copy the site report** and distribute to key stakeholders 
- Meet with **ICU management** and/or **Hospital administration**
- Lead a **small group interactive workshop** with local doctors and nurses to strategize on ways to improve your performance 
- Produce and **post a poster** outlining your main strengths and weaknesses and suggested changes (templates can be found on our website!) 

Many of our quality improvement tools can help you with these endeavours!

The following are a few of the quality improvement tools you can find on our website:

To access these tools click on "Quality Improvement Tools" at www.criticalcarenutrition.com

- Summaries of guideline recommendations
- Pre-printed feeding orders
- Feeding algorithm
- Glycemic control algorithm
- Daily EN checklist
- Head of Bed elevation card
- Training kit for interactive workshop
- Achieving best practice brochure
- Achieving best practice poster
- Quality Improvement poster

How are we doing? We'd love to hear from you!

In order to improve the quality improvement (QI) tools section of the Critical Care Nutrition website, we're looking for some feedback from our users! We've developed a questionnaire consisting of 7 questions, which will only take a few minutes to complete.

To access this questionnaire, open the pdf attachment that was sent along with this newsletter or go to the following link:

<http://www.criticalcarenutrition.com/docs/tools/QIToolsSurvey.pdf>

To submit the questionnaire simply enter your answers directly into the pdf on your computer, and click on the "submit by email" button when you're done. Select whether you use an email application (e.g. Outlook) or a web browser

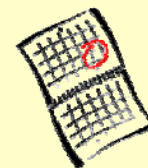
(e.g. Gmail, Hotmail) to send and receive emails. Click OK. Select the first option and your email program will automatically attach your responses to an email as an XML file. Alternatively, select the second option to save the XML file to your hard drive. Then simply attach this file to an email to murchl@kgh.kari.net.

You may also print the form out and fax your answers to us at 613-548-2428.

Thank you for your feedback!



Mark your calendars!



Remember, the next survey is planned for early 2011. This should give you about a year to implement any quality improvement initiatives, based on the results of this year's site report.

We'd love to see you participate in the survey again, and we encourage you to strive to be the Best of the Best in 2011!



CNS ANNUAL MEETING

Towards New Roads and New Paths, the Inaugural Meeting

June 3 – 5
2010
 Sutton Place Hotel
 Edmonton, Alberta

The Canadian Nutrition Society's Annual Meeting will take place in Edmonton, Alberta, June 3-5. More information can be found at the following link: <http://www.cns-scnc.ca/CONFERENCE/default.asp>

This year's program has an exciting lineup, with several critical care nutrition and nutrition therapy topics, including:

- **Optimizing Nutrition Therapy in the ICU** (Dr Daren Heyland) - The latest evidence and recommendations regarding macronutrient dosage, maximizing benefits and minimizing risks of EN and PN in the critical care setting will be presented. We are pleased to announce that **Dr Paul Wischmeyer** from the University of Colorado is attending CNS and speaking at this session. He will review the literature on how to optimally deliver PN, so as to maximize the benefits and minimize the risks and will include a discussion of supplemental PN, glutamine, and various IV lipids.
- **Feeding the Surgical Patient** (Dr Daren Heyland) - Speakers to include Dr John Drover, Dr Paul Wischmeyer and Dr Marina Mourtzakis. Topics to be discussed include International Nutrition Survey data demonstrating the challenges in providing adequate nutrition to surgical patients, and strategies to overcome barriers to good nutrition practice.
- **Lost in Knowledge Translation: Critical Care Experience** (Rupinder Dhaliwal) - Three recently published Clinical Practice Guidelines for Nutrition Therapy in the critically ill adult, and results of the International Nutrition Survey will be presented. Quality improvement initiatives will then be discussed.

And much more! Check out the CNS website for more information including a full program. We hope to see you there!

Knowledge Translation Special Supplement Now Available Online!



We are thrilled to announce that a series of twelve articles on various topics related to knowledge translation, authored by the Critical Care Nutrition team and collaborators, are being published in the Journal of Parenteral and Enteral Nutrition! These articles are now available online at the following link: <http://www.nutritioncare.org/Index.aspx?id=4568>

Some of these articles (e.g. "Creating a Culture of Clinical Excellence in Critical Care Nutrition: The 2008 'Best of the Best' Award") also are the first publications utilizing the 2008 International Nutrition Survey data. There is even an article comparing nutrition practices between 2007 and 2008, and other articles utilizing a combined dataset with both 2007 and 2008 International Nutrition Survey data.

Thanks once again for your participation in the survey, as it is your hard work that makes addressing these important research questions possible!

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