

International Nutrition Survey 2011



The countdown has begun!

The International Nutrition Survey 2011 is **LESS THAN SIX MONTHS AWAY!**

Survey Ethics: Getting the Ball Rolling

On the Critical Care Nutrition website, click on "International Nutrition Survey", and then click on "Getting Started." From here you can **download help files on preparing for ethics submission, or renewing your ethics approval.**

- In 2009 approximately 65% of participating sites were asked to complete a local ethics submission
- Seek advice from your ethics committee or another appropriate colleague as to local ethics procedures
- See our help document for a template of a letter to send to your ethics chair
- If you need to get ethics approval, make yourself aware of your ethics committee's meeting dates, and plan to submit your application package soon!

Participated Previously? Looking to Renew your Ethics Approval?

Inform your ethics committee of any changes to the study. Here is a table illustrating the differences in the survey year to year:

Form	Question	INS 2008	INS 2009	INS 2011
Daily Nutrition	Probiotic/prebiotic /synbiotic supplementation: Yes/No	x	✓	✓
Daily Nutrition	What (if any) parenteral nutrition solutions were given: Choose from taxonomy, instead of just indicating lipid composition.	<i>Lipid type only</i>	✓	✓
Daily Nutrition	Record all enteral nutrition interruptions: Indicate duration of interruption and reason for interruption(s)	<i>Yes/No only, and only due to intolerance</i>	✓	✓
Daily Nutrition	Specify calories/protein received from modular supplements and supplemental protein separately from calories and protein received from other EN formulas.	<i>Entered total only</i>	<i>Entered total only</i>	✓
Baseline Nutrition	What was the delivery technique recommended by the physician or dietitian at the initial assessment for enteral nutrition: Choose from drop down list (e.g. initiate EN at slow rate and progress to hourly goal, trophic feeds, NPO)	x	x	✓
Baseline Nutrition	Prescribed protein and energy intake: No changes between 2008, 2009 and 2011	✓	✓	✓
Daily Nutrition	Goal 24 hour volume	x	x	✓
N/A	Optional: Barriers Questionnaire	x	x	✓

Are you among the BEST OF THE BEST in the world?

In order to be eligible your ICU must:

- Have a feeding protocol
- Collect data on ≥20 patients
- Allow us to source verify your data

We will once again award the survey's **top 10** performing sites with our "Best of the Best" award. We encourage you to spread the word in your ICU, and strive to be the best you can be! See the "Getting Started" page under "International Nutrition Survey" on our website for posters you can use to increase awareness of this important project in your ICU.



EXCITING OPPORTUNITY: Identify Barriers to Optimal Nutrition Practices!

The barriers assessment will involve distributing a questionnaire to physicians, nurses and dietitians working in your ICU. In addition to the Site Report all sites receive in the International Nutrition Survey, sites that complete this Barriers Questionnaire will also receive a report scoring the perceived importance of specific barriers in the context of their ICU. However, although it is encouraged, participation in this initiative is optional: you do not have to distribute the Barriers Questionnaire in order to participate in the International Nutrition Survey.

Are you planning on taking part in this exciting new component of the International Nutrition Survey? If so, please contact Lauren Murch at murchl@kgh.kari.net to be added to the list of participants.

Contact Us

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