

International Nutrition Survey 2009

June 2009

NEWSLETTER



**Critical Care
Nutrition**

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Gaining Ethics Approval

Please see the document on the resources portion of our website entitled "Preparing for Ethics Submission" or the document entitled "Renewing Ethics Approval" for more detailed information.

Preparing for Ethics Submission

Ethics approval for conducting the International Nutrition Survey 2009 has been obtained from the Research Ethics Board at Queen's University, Kingston, Canada. Since this is a quality improvement initiative using data collected as part of routine care, we do not think that additional local ethics approval is needed. We hope that following the steps described below will help to alleviate any concerns raised by your local ethics committee:

1. Contact a representative from the ethics committee or other appropriate colleague as to local ethics procedure. Indicate that there are no significant ethical implications associated with the project (see website for template of letter)
2. If the project is approved without an ethics submission, you may proceed. If the project is not approved, you will be asked to complete an ethics submission. As there are no significant ethics implications associated with the study, this will likely be an expedited or fast-track ethical approval form.
4. You should aim to complete this form and submit for approval **as early as possible**.
5. **You must obtain ethics approval before you can enter data online and transmit to the methods centre.** You may still proceed with data collection on September 16th 2009 but please do not delay in contacting your ethics committee.

Renewing Your Ethics Submission

If you participated in the International Nutrition Survey in 2008, and your ethics approval from last year is still valid, you may be looking to

renew your ethics approval for 2009. Changes from 2008 to 2009 are outlined below.

Be the Best of the Best!

Does your site promote excellent evidence based nutrition practice? Does your ICU use strategies to optimize delivery of EN? Do your patients receive close to 100% of their estimated energy requirements? If so, your site may be the best of the best.

Each site that participates in the 2009 International Nutrition Survey will receive an individual site report with a ranked performance. The top ten sites that meet the award eligibility criteria will be awarded the 'Best of the Best' plaque. The top three sites will also be awarded \$1000 towards travel and expenses to attend the American Society of Parenteral and Enteral Nutrition's Clinical Nutrition Week 2010, where their excellence in nutrition practice will be recognized at a session in which Dr Heyland

personally presents the awardees with their plaques. We encourage all ICUs to promote participation in this exciting project. Increase awareness in your ICU of best nutrition practices and engage your ICU team members. There are example posters on our website that you can use to promote the concept. Set your sights high and help to be the 'Best of the Best'!

Get your PICU colleagues involved!

For the 2009 survey we are very excited to announce that we are collaborating with the Pediatric Acute Lung Injury and Sepsis Investigators (PALISI) to conduct a parallel initiative focused on pediatric patients. The pediatric survey will also start on 16th September 2009 and will involve the same data collection procedures as the adult survey.

For more information please contact:
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Changes to Data Collection

No changes have been made to the protocol or data collection procedures for the International Nutrition Survey between 2008 and 2009 with the following exceptions:

- This year we are asking whether or not probiotic/prebiotic/synbiotic supplementation was given; last year no such question was present in the survey
- We are asking which parenteral solutions were given; this replaces last year's question referring to the type of lipid used
- You will also be asked to record total time of enteral nutrition feeding interruptions, and the reason(s) for these interruptions; last year, only interruptions due to intolerance were indicated
- You will be asked to submit the total number of patients from each column on your screening log; previously, the screening log was for your personal use only

News:

Updated Resources for 2009

Files updated for the International Nutrition Survey 2009 have now been posted on the 'resources' section of the International Nutrition Survey website. These include general resources (such as documents to help you to gain ethics approval and a sample site report) as well as study materials (such as an instruction manual, and case report forms).

New Project Assistant!

We are happy to welcome Lauren Murch, who has joined our team to help with the International Nutrition Survey 2009. Her contact details are listed on the right.

Contact Us:

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