

International Nutrition Survey 2009

Did you know?



Over 185 ICUs have now registered online to participate in the International Nutrition Survey 2009!

Your Frequently Asked Questions About the Survey

Eligibility Criteria

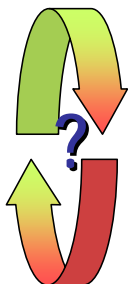
Q: In our ICU we often have step-down patients and overflow from other units. Do we include these patients in the survey?

A: If step down patients were previously considered to be patients in your ICU, and otherwise qualify for the study, yes, please include them. Remember, they must be mechanically ventilated within 48 hrs. Otherwise, please do not include these patients in the study, and only screen patients that are part of your actual ICU population.

Q: Are chronically ventilated patients who may have been in the ICU > 1 month eligible for the study?

A: Yes, include these patients. You will need to review their patient chart and extract the data retrospectively for their admission to the ICU and first 12 days of ICU stay. However, if you find that there is a lot of missing data and the patient record is incomplete please exclude this patient and select the next eligible patient.

Q: What if a patient was admitted to the ICU and included in the study, then discharged or transferred and then readmitted again?



A: If the patient was re-admitted to the ICU within 48 hours of discharge/transfer consider this as if the patient never left the ICU and continue data collection as if for one admission. If greater than 48 hours elapsed between discharge/transfer and readmission, do not include the patient's second admission and select the next eligible patient.

Baseline Nutrition Assessment

Q: If a nutritional assessment was not completed, do I leave the nutritional assessment form blank?

A: No, we need the nutritional assessment information in order to



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calculate the patient's nutritional adequacy. If a standard regimen is prescribed at your ICU when assessments are not completed please enter this information. Alternatively if a nutritional assessment was not completed, calculate prescription as 25 kcals/kg for energy and 1g/kg protein. (e.g. an 80Kg male patient would have a prescription of 2000kcal and 80g protein). Please indicate "No assessment completed" on the patient's baseline form.

Daily Nutrition Data



Q: I am using a parenteral solution not listed in the survey's taxonomy, but I can't see where to select 'other' parenteral solutions. What do I do?

A: Initially the 'other' option in the online parenteral nutrition taxonomy was missing. This issue has now been resolved. If you are using a formula not listed in our taxonomy, please select 'other', which can be found under the 'miscellaneous' section. A box will then appear for you to specify what solution you used.

Q: If a patient's goal nutrition prescription changes after baseline, how do I record this new prescription?

A: There is only one space to record a patient's energy requirement. For prescribed energy intake enter the kilocalories provided by the goal regimen (i.e. maximum rate/volume determined at the initial assessment) for EN/PN according to the dietitians' or physicians' recommendation.



In the case that a patient is prescribed trickle feeds or low volume feeds initially, do not record the 24 hr goal based on this amount. Please record the goal to meet their nutritional requirements. If the prescription changes during the days of observation, enter the average prescribed calories and protein.

Q: Does the route or type of insulin provided matter?

A: No, please provide total units of insulin received per 24 hours regardless of type or route.

Useful Tools for the Survey: The Unit Conversion Tool



This tool could be invaluable to you if you typically record items such as height, weight, blood glucose, and other variables in units other than as accepted by the survey electronic data collection system.

The unit conversion excel file can be accessed from the International Nutrition Survey resources page (and there are links to this file from several other locations in the electronic data capture system). There are separate tabs in the excel workbook for each type of conversion. In each spreadsheet there will be a box where you enter your value in its original units of measure (for example, blood glucose in mg/dL) and, in the box below that, the value will be automatically calculated in the proper units of measure for the survey (for blood glucose, mmol/L).

Contact Us

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