

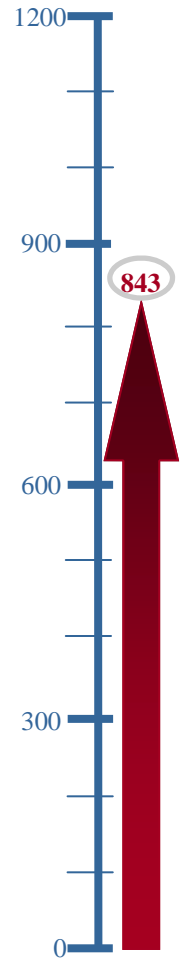
THE REDOX[®] CIRCULAR

Data current to 31-July-2010

Site #	Institution	Jul	Cumulative
1	Kingston General	2	77
2	St. Joseph Healthcare	-	56
3	Ottawa General	3	148
4	Ottawa Civic	2	53
5	Vancouver General	-	20
6	Sacre-Coeur	-	69
7	Maisonneuve-Rosemont	-	15
8	Royal Victoria	2	14
9	Royal Alexandra	-	24
11	Grey Nun's	-	15
13	Victoria General	-	6
14	London HSC	-	17
16	Capital Health, QEII	-	17
19	Montreal General	1	19
20	L'Enfant Jesus	-	26
21	Liege, Belgium	-	8
22	CHUV, Switzerland	-	11
23	Royal Jubilee	-	9
25	Mount Sinai	-	36
26	U of Colorado	-	19

Site #	Institution	Jul	Cumulative
27	Miami Valley, Ohio	1	10
28	Fletcher Allen, Vermont	1	10
30	U of Louisville	-	18
31	U of Texas	2	9
32	University Hospital	-	7
33	Laval	-	10
34	Emory University	-	-
35	Kiel, Germany	-	3
37	Greifswald, Germany	-	8
38	Hamburg-Altona, Germany	-	4
39	Jewish Hospital	-	3
40	Atlanticare	-	3
41	Hershey Medical Center	1	1
42	Intermountain Healthcare	-	-
43	Mayo Clinic, Arizona	-	-
*number patients from closed sites			18
number patients enrolled in pilot			80
TOTALS		15	843

ENROLMENT COUNTDOWN

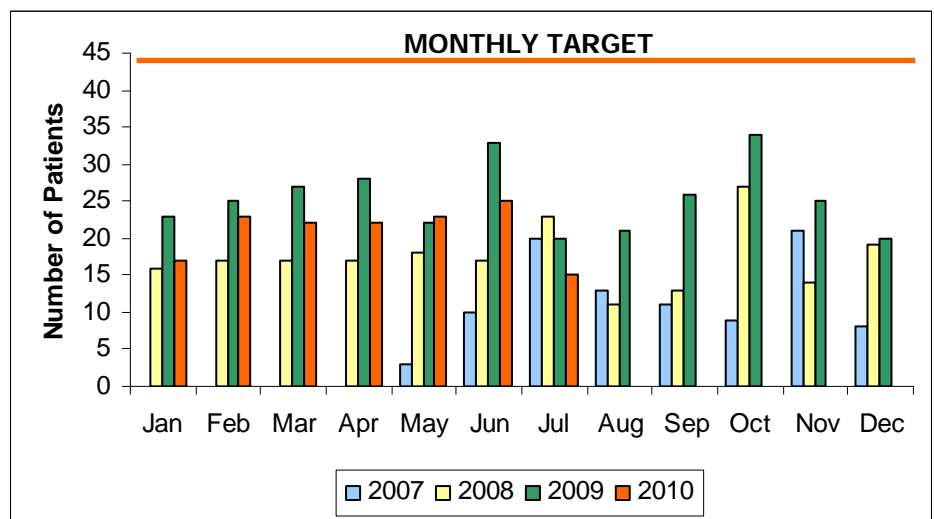


Enrollment Update

- * Congratulations Lee Anne Smith at Hershey Medical Center for enrolling your first REDOX[®] patient!
- * Thanks to the teams at Kingston General, Ottawa General, Ottawa Civic, Royal Victoria, Montreal General, Miami Valley, Fletcher Allen and Herman Memorial for enrolling patients in July.

We encourage sites to continue to strive to enroll 1 pt/month. Unfortunately we have logged our lowest monthly enrollment in July with just 15 patients.

Our new monthly enrollment target to ensure the study is completed by Mar 2011 is now 44 pts/month.



Strategies for Improving Nutrition Practices in the ICU



Introducing the... Nutrition Information Byte (NIBBLE)

We have designed the Nutrition Information Byte (NIBBLE) as a tool designed to educate critical care practitioners on hot topics in nutrition. We anticipate the NIBBLES will be of use to our REDOX sites. You will find attached the first issue of the NIBBLE which deals with **The Importance of Nutritional Adequacy (Or Avoiding Caloric Debt)**.

We encourage you to distribute the NIBBLE in your ICU. You will be provided with the NIBBLE in a pdf and editable format. You can use the NIBBLE as-is, or feel free to adapt this resource as you see fit ...for example, if you are working on any quality improvement initiatives that relate to Nutritional Adequacy this is a perfect opportunity to draw attention to those initiatives. Also, you may want to add specific information about your ICU from the REDOX Periodic Site Reports.

The inaugural NIBBLE can be found on Critical Care Nutrition / REDOX Study / Resources / Tools to Improve Nutrition.

Look out for future NIBBLES which will deal with other important topics! Feel free to email the Project Leader if you have ideas for things you'd like discussed in a future NIBBLE.

I hope that you find this to be a useful resource, and thanks for nibbling on our NIBBLE!



Nutrition Improvement Target Posters

In response to a suggestion from the Steering Committee, we have developed some posters to communicate areas of high performance at the sites as well as some nutrition improvement targets. We have left space in each section of the poster for individual sites to tailor the contents to the data provided in the site specific REDOX Periodic Site Report provided in May 2010.

We encourage you to modify these posters to your individual site and post in the ICU. These posters are available on Critical Care Nutrition / REDOX Study / Resources / Tools to Improve Nutrition.



Training Presentation: Early Enteral Nutrition in the ICU

Sites may access Dr. Heyland's presentation titled **Early Enteral Nutrition in the ICU: The Clock is Ticking!** on the web. An audio component featuring Dr. Heyland accompanies the slides. We encourage sites to use these slides to conduct education sessions. Check out the presentation slides on Critical Care Nutrition / REDOX Study / Resources / Tools to Improve Nutrition.

Attention Pharmacists:

On behalf of Maureen Dansereau, Project Assistant, we want to acknowledge the efforts of the Pharmacists during the enteral product relabeling process. All applicable enteral products were relabeled by the deadline.



CT Sub Study

We would like to receive all available CT scans as soon as possible. Please send these to the University of Waterloo as per study procedures. Contact the Project Leader if you have any questions.

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