

# INTERNATIONAL NUTRITION SURVEY 2014

The International Nutrition Survey 2014 has begun and 165 sites have already registered!

## Site Registration

- Registration opened online September 2<sup>nd</sup>.
- If you have not registered your ICU, please do so [here](#).
- Several sites were unable to register due to an incompatibility with their web browser. The issue has been fixed and the sites were contacted. We apologize for the inconvenience.



### Q: Do I use burns CRFs or non-burns CRFs?

A: If you plan to enroll any patient in your ICU, which may or may not include burn patients, use the non-burns CRFs. The burns CRFs are to be used if only burn patients are enrolled. When registering your site, you should only answer 'yes' to question 15 *Is your unit specifically a burn unit?* if you are using the burns CRFs and only enrolling burn patients.

Please ensure when you begin the survey you are using the **final** version of the Instructions and Case Report Forms dated June 9th 2014, **not** the draft version.

## Data Collection

### 1) **IMPORTANT UPDATE: Timelines**

Each registered site must finalize data, including 60 day outcomes, on a minimum of 20 patients by February 15<sup>th</sup> 2015 to be eligible for the Best of the Best award and to receive a site report or on a minimum of 15 patients by June 1<sup>st</sup> 2015 to receive a site report only.

If you cannot finalize 15 patients by June 1st 2015, you may enroll patients retrospectively *and consecutively* back to January 1st 2014. You will not be able to collect head of the bed elevation data as this is to be witnessed when screening in real time. If you ever have concerns during the survey with enrolling 15 patients, please [contact us](#).

### 2) **Process of Data Collection and Entry**

A diagram illustrating this process for the INS 2014 can be found [here](#).

### 3) **Reminder: Definition of Goal Caloric and Protein Requirements**

On the Baseline Nutrition Assessment form (and on the Daily Nutrition Data forms for burn units), we ask for the patient's goal calorie and goal protein requirements. Please review the INS definition for these variables below, as it may be different than what you are used to in your practice:

- The total calorie (kcal) and protein (grams) provided by the goal feeding regimen as recommended by the Registered Dietitian or physician
- Includes any required nutrition from protein supplements, modular supplements and propofol
- Includes any required nutrition from EN, PN and oral intake
- Should NOT be adjusted if the patient is at risk of refeeding syndrome (ie. if the patient is at risk of refeeding syndrome, enter the goal nutrition requirements for once the patient is no longer at risk of refeeding syndrome).

### 4) **Nutritional Adequacy**

Data that is considered to be outside of the lower and upper limits of the expected ranges of nutrition goals and nutrition received may be removed from the database by Data Management at Critical Care Nutrition. Please ensure you review the instructions and definitions of goal caloric and protein requirements carefully and respond to queries accurately.

## REDCap Manual and Query Module

The INS 2014 [REDCap Manual](#) is now available. Please carefully review the instructions on how to use the electronic data capture system, REDCap, to properly enter data, respond to queries and finalize patients.

The [Query Module](#) is also available. This short reference summarizes the query system in REDCap.

**We highly recommend resolving queries in real time rather than waiting until all data has been entered. This will help avoid having to go back to collect missing or improper data.**

## Contact Us

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