

Patient Nutrition Assessment (Form D)

This form can be completed retrospectively

Column 1	Column 2	Column 3	Column 4	Column 5	Column 6	Column 7
Patient number	Height (meters)	Weight (kg)	Weight used in calculating requirements Refer to taxonomy and record the number corresponding to most suitable weight	Determination of energy requirements Refer to taxonomy and record the number corresponding to the method	Prescribed energy intake (Kcal/day)	Prescribed protein intake (grams / day)
1						
2						
3						
4						
5						
6						
7						
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10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

Nutrition Assessment Taxonomy

Column 4:

What body weight did you use in calculating nutritional requirements? Choose from the following.

Code	Weight
1	Actual (ABW)
2	Ideal (IBW) based on Hamwi formula
3	Ideal (IBW) based on BMI 20-25 Kg/m ²
4	Adjusted by 25% (ABW x 0.25 + IBW)
5	Adjusted by 40% (ABW x 0.4 + IBW)
6	Adjusted average ((ABW + IBW) x 0.5)
7	Other, please specify

Column 5: Energy Requirements

What predictive equation do you use to determine energy requirements? Choose from the following.

Code	Predictive Equation
1	Harris Benedict Equation
	Schofield Equation with no adjustment for stress and activity
2	Schofield Equation with adjustment for stress and/or activity
3	Mifflin-St. Jeor Equation
4	Ireton-Jones Equation
5	19-21 Kcal/Kg
6	25-30 Kcals/kg
7	Provide 1200 – 1500 Kcal as standard
8	Indirect calorimetry
9	Other, please specify