

**ICU GUIDELINE: ADJUSTING GOAL FEED RATES IN THE PATIENT
RECEIVING A PROPOFOL INFUSION**

Propofol is a lipid solution containing 1.1 kcal /mL. When provided at an infusion rate exceeding 20 mL/hr, the caloric value of the propofol in combination with feeds can lead to significant overfeeding. Overfeeding is associated with hyperglycemia, fatty liver, hypertriglyceridemia, and excess CO₂ production.

ADJUST FEED RATE ONLY IF ALL OF THE FOLLOWING CRITERIA ARE MET

- Feeds at final goal rate and well tolerated (GRV < 250 mL/4h) x 24 hrs.
- Propofol provided as an hourly infusion (not as a bolus).
- Propofol already provided for > 24 hrs.
- Propofol expected to continue for an additional > 24 hrs.
- Propofol average hourly infusion rate \geq 20 mL/hr.

IF ALL OF THE ABOVE CRITERIA MET, PROCEED AS FOLLOWS

A) ADJUST FEED RATE:

1.0 – 1.2 kcal/ml feed (e.g. Isosource[®]; Promote[®]):

Reduce the feed rate *equivalent* to the propofol infusion rate.

Example: propofol infusion rate 30 mL/hr; decrease Isosource[®] feed rate by 30 mL/hr.

1.5 - 2.0 kcal/mL feed (e.g. Resource 2[®]; for other - see next page over)

Reduce feed rate by 50% (1/2) of the hourly propofol infusion rate.

Example: propofol infusion rate 30 mL/hr; decrease Resource 2[®] feed rate by 15 mL/hr.

B) DOCUMENT/COMMUNICATE FEED RATE:

In order to prevent significant under/overfeeding, obtain an MD order that clearly states both feed rates (*receiving propofol/not receiving propofol*).

Sample MD order:

Receiving propofol: Isosource[®] goal rate: 50 mL/hr

Not receiving propofol: Isosource[®] goal rate: 80 mL/hr

C) OPTIMISE PROTEIN INTAKE:

In order to prevent sub-optimal protein intake (propofol provides calories but no protein), if propofol is to be provided for, or has been provided for > 48 - 72 hrs, and the adjusted feed rate not meeting the patients protein needs, the dietitian will change the formulae to Promote[®]. If Promote[®] is contraindicated or the protein intake suboptimal, the dietitian will arrange for protein powder to be added to the feeding regimen (e.g. 1 Beneprotein[®] powder packet mixed with 60 mL water provided per NG/ND Q6H).

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Propofol hourly infusion rate	Reduce hourly rate of a 1.0 – 1.2 kcal/ml feed	Reduce hourly rate of a 1.5 - 2.0 kcal/mL feed
	<u>Example:</u> a) Promote [®] (1.0 kcal/mL) b) 1:1 mixture of Promote [®] and Isosource [®] (1.1 kcal/mL) c) Isosource [®] (1.2 kcal/mL) by	<u>Example:</u> a) 1:1 mixture of Promote [®] and Resource 2 [®] (1.5 kcal/mL) b) Resource 2 [®] (2 kcal/mL) c) Novasource Renal [®] (2 kcal/mL) by
ml/hr	ml/hr	ml/hr
20	20	10
30	30	15
40	40	20
50	50	25

NOTE: Regardless of propofol infusion rate, it is desirable not to reduce the feed rate to <10 mL/hr.

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 Reviewed by members of the ICU QI/QA Committee 11/7/08. Update 7/12/2009.